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Ioannis-Dimosthenis Adamakis is an Associate Professor at the National and Kapodistrian University of Athens, where he serves in the Department of Biology. His scientific field focuses on plant biology, with particular emphasis on morphology, anatomy, and subcellular structure of plant cells. He studies the organization and function of cellular organelles, as well as the structural and functional changes that plants undergo under environmental stress conditions.

Of particular interest is the investigation of plant responses to abiotic and biotic stress factors, such as pollutants and pathogenic organisms. His research approach is interdisciplinary, combining techniques from microscopy, molecular biology, and biochemistry, with the aim of understanding the mechanisms of plant adaptation and resilience.

His work also includes the study of seagrasses, bryophytes, and microalgae—organisms of significant ecological and evolutionary importance—contributing to the understanding of biodiversity and ecosystem function.